





**(** 

# Make road trips naturally relaxed

Previous bad experiences on the road, sometimes coupled with motion sickness, can make our pets anxious when we set off in the car.

They may be reluctant to get in, shake, drool, whine, pant, vomit or appear abnormally quiet - all of which can put a real dampener on the trip. Thankfully, there are a few things we can do to help keep them calm, settled and comfortable on the road, and like with most things, preparation is key...

## Top Tips for relaxed travel

## Let your pet get used to the car

- Spend time together with the engine off
- Build up to short journeys to their favourite place

### Make the car comfortable

- Use their favourite bed and toys
- Ensure good ventilation

### Have a pre-travel routine

- · Limit meals
- Use herbal support as required

When it comes to motion sickness, many puppies and young dogs are susceptible, but grow out of it as the structures in their ears, which are linked to balance, fully develop. Some don't though and continue to suffer, while others experience sickness caused by travel anxiety. Following the tips above, along with herbal support to maintain a settled tummy, such as our Digestive Tablets, can help.











